



## Arrente Men's Healing Retreat

Oct 21 - 27 2010

Investment: \$1950

**Only 12 places available.**

A call to men to retreat with us for a deep healing of the ancient wounds of men through gathering with other men in the heart of Australia. Facilitated by Arrente Elder Frank Ansell, a nangkari (traditional healer) and expert in Bush medicine and assisted by Jeremy Ball. The retreat will be held on Arrente land north of Alice Springs where we will connect together deeply and heal our own and the wounds of the collective psyche, to emerge refreshed and renewed ready to take on leadership in our lives, families and communities. It is for men who want to be free from the pains of the past and the limitations of the average man. We will spend four nights in swags on sacred aboriginal land, enjoying healing rituals as well as sitting in circle.



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## SPECIAL TOURS

We also offer tailor made tours to groups or organisations interested in visiting the sacred sites of the Central Desert and connecting with Indigenous wisdom keepers. We can organise tours of varying length, either camping on the land or in hotels. Please contact us if you would like to discuss a personalised tour for your group.



Call Jeremy Ball:

**1800 TTOURS or 1800 88 68 77**

email: [jeremy@transformationaltours.com.au](mailto:jeremy@transformationaltours.com.au)

[www.transformationaltours.com.au](http://www.transformationaltours.com.au)

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*Sacred Tours to Sacred Places*

## Australian Tours 2010



*The Red Centre of Australia is akin to the power centre of this incredible continent. Visiting the many beautiful and sacred places in the Central Desert helps one to align with presence, recharge and reconnect with our Mother. This is my favourite place in the world to visit, the land of the Central Desert of Australia is the place where the energy of the earth is the most alive. I love it and feel at home and nurtured here. The Aboriginal elders that I connect with in this region are some of the wisest and most down to earth spiritual teachers you will meet.*

# Arrente Healing Retreat

Retreat on Arrente land for men and women

28 March – 2 April 2010

Investment: \$1750

We come together on the powerful healing energies of Arrente land with Arrente elder and nangkari (traditional healer), Frank Ansell to share circle. This retreat will bring deep healing to the individual and if you're a healer, whatever your modality, your healing power will be amplified. We come together to heal ourselves, our families, our community, to heal country and our world. We will sit on the land at sacred sites and learn to become still and one with the land, allowing the natural energies to flow. The tour is a very relaxed gentle pace and we will become deeply connected to ourselves and the land.



## Deeksha in the Desert

April 5 – 9, 2010

In this retreat we will combine the power of the sacred sites of the Central Desert with the Oneness blessing, for great transformation and healing. The retreat will include deep meditations, chanting and teachings for opening the heart and healing the mind of emotions. The Oneness blessing or deeksha is a beautiful transference of energy that helps you be more authentic to yourself and also aids the flowering of the heart and permanent healing of past pain and negative patterning. We will also be visiting the sacred sites of Uluru and Kata Tjuta. The combination of the energy of the land and the Oneness Blessing make a potent and beautiful combination.



# Uluru Earth Healing Tour

30 Oct – 7 Nov 2010

Investment: \$2350

We are living in the age of complete healing and the opportunity for spiritual growth is immense. I believe the world's greatest teacher is the spirit of the earth itself. On this tour we will connect with the heart of Australia, the Red Centre and its amazing sacred sites, where we will perform ceremony and meditation, communing with the land and Aboriginal elders for our own healing and the healing of our Mother Earth.



Bob Randall

### ITINERARY:

**Day 1 30 Oct Attila (camp)**

Collect from airport transfer to Attila  
Early arrival visit Yulara

**Day 2 31 Oct Attila (camp)**

Meditation and Earth Connection

**Day 3 1 Nov Attila (camp)**

Meditation and Earth Connection

**Day 4 2 Nov Kings Canyon resort**

Drive to King's Canyon visit waterhole

**Day 5 3 Nov Kings Canyon resort**

Sunrise and rim walk at Kings Canyon

**Day 6 4 Nov Umbiara (camp)**

Drive to Uluru (5hrs) camp on Bob's land

**Day 7 5 Nov Umbiara (camp)**

Kata Tjuta, Valley of the winds

**Day 8 6 Nov Yulara (resort)**

Uluru base walk and visitors centre

**Day 9 7 Nov HOME**

Sunrise and transfer to airport

